

**OZARK AREA SERVICE COMMITTEE**  
**MINUTES**  
APRIL 23, 2017

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- *Meeting opened with the Serenity Prayer, Traditions and Concepts.*
- *March 2017 minutes were approved.*

***Motions to be voted on:***  
***Regional Motions – 2, Area Motions – 1, Area Resumes - 3***

**Administrative trusted servants**

- Chair: Shelly W.
- Treasurer: Tony N.
- Secretary: Meri S.
- RCM: Meri S.

**Vacant Chairs**

Vice Chair  
RCM-A

**Sub-committee chairs in attendance**

- AASC Chair: Kim S.
- H&I Chair: Crystal C.
- PR/Outreach Chair: Vickie M.
- Website Coordinator: Deb B. (quarterly)
- Literature Review Chair: Sandee A.

**Sub-committee chairs absent**

**Groups in Attendance**

Against All Odds  
But Do It  
Fifth Tradition  
Living Clean  
Miracles  
Native American  
Point of Turning  
Progress Not Perfection  
Spiritual Principles  
Stray Katz  
Survivors  
Together We Can  
We Do Recover

**Absent Groups**

A New Way  
New Beginnings  
Straightline  
Together In Unity (-3)

**Inactive Groups**

Day By Day  
Last Chance  
Recovery First

**REPORTS:**

***Treasurer:*** See attached report.

***Secretary:*** Hello Area. My expenses for copies and postage was \$13.50. My term will be up next month, so if you're interested, please put in a resume. Thanks for allowing me to be of service. Meri S.

**RCM:** Hello Ozark Area! I'm an addict, grateful for the opportunity to be of service to this area. I attended the regional meeting a few weeks ago and it was awesome. The workshops were on two pieces of literature that are in the making. One is an IP on mental health and the other is one on a new daily mediation that will either be based on spiritual principles or the Living Clean book. The world literature subcommittee is seeking every addict's input on these two projects. I will include both surveys in the minutes. I encourage every GSR to discuss this in your group conscience. You can either mail in a hard copy or go online to na.org and take the survey online. The deadline for this is June 1. I will include a link in the minutes. I delivered one area shirt to the MO Kan area for the quilt that is supposed to be made for the SMRCA convention next year. The Writing Steps to Recovery subcommittee reports they are doing well – but still looking for people to process steps with inmates. They will be designing a pamphlet to give to home groups. On the motion that our area sent regarding setting aside funds to help RCMs from struggling areas to get to the regional meeting was seconded!! In the motion writing session, all of the RCMs helped me reword it to ensure it would get seconded and sent back to the areas. In our original motion, we asked for \$2,000 per year. The other RCMs suggested we raise it to \$3,000, which was a surprise and a blessing. Previously any area could petition the region for help, but now it will be a line item in their budget and this all started in our area, so thank you for helping to ensure that RCMs get to the regional meetings so that they can take back valuable information to their areas, groups and members. This motion will be included in the minutes to take back to your groups. Another motion included is a guideline change. Old files were originally supposed to be archived on the showmeregionana.org website. That site is not owned by the Show Me Region, but by an addict. There has been an ongoing battle between this addict and the region. Basically our region has no control over the site, which means if files would be saved to this site, we may lose them forever. This motion states that our region will purchase an external hard drive to be maintained by the regional secretary. That's all I have for now. Thank you for allowing me to serve the greatest area in the Show Me Region. Meri S. [inhisgrace2009@yahoo.com](mailto:inhisgrace2009@yahoo.com) 417-439-0276.

### **SUBCOMMITTEE REPORTS:**

**AASC:** Hello Ozark Area. My name is Kim S. serving as your AASC chair. I would like to remind you about HOLP this year. Preregistration is until July 28. This year along with your preregistration, you will receive a free coffee mug. There are HOLP shirts available at this time. Mark J. has merchandise. Mark the dates for HOLP. It is August 25-27 at Camp Smokey/Roaring River State Park. We also want to remind you of our Area birthday. It is May 6 at 2 pm at Landreth Park. Justin P. is the speaker. There will be volleyball. We encourage you to put a 5 man team together for a \$5 entry fee, winner takes the pot. There will be merchandise for sale, free fun, food, fellowship and DJ. Pam M. has Area shirts for sale at this time as well. Shirts are \$15. Here's a side note. We have set in stone the workshops for HOLP along with the speakers. The first workshop will start on Friday at 4 pm. We also will have a person on site to record. Workshops and speakers this year will be available for sale on CD. Our next AASC meeting will be held on May 13<sup>th</sup> at 3pm at T's Barbershop at 8<sup>th</sup> and Main. ILS, Kim S.

**H&I:** Hello Ozark Area. My name is Crystal and I am an addict serving as your interim chair for H&I. Vice chair is vacant and all other panel positions are filled. We started with the serenity prayer, read the twelve traditions and concepts. Jasper County – all meetings were met. City Jail – meetings were met. Lafayette House – all meetings were met. We have Pam M. and Meri S. stepping up to fill the 5<sup>th</sup> week taking turns. New Directions – all meetings met. Donnie L. has Georgia B. and Mark J. in process to fill the position for Sherri E. who has been of great service to H&I. Women's Center – all meetings met. We had a nice turnout for our H&I Speaker Jam. 6 applications for City and 4 apps for Jasper have been turned in so far. Raymond M. for Jasper term is up in May. We are needing someone to be voted in. Also my term is up as interim in May. Thank you for allowing me to be of service to this Area. In loving service, Crystal C.

**PR:** Hello Ozark Area. Vickie M., as Public Relations Chair. PR subcommittee was opened in the usual way. Twelve Traditions read by Sandee A. Twelve Concepts were read by Raymond M. Public Relations Statement was read by Brianna B. PR has been asked to do a presentation next March. PR is struggling due to lack of support. Doors of Opportunity group of NA having a Day of Recovery on Saturday, June 17<sup>th</sup> in Owensville, MO. Wanting to do a literature order. PR to get involved with SWMO Alliance. T-Shirts still being discussed. PR t-shirts possible color is jade dome with block lettering, more info coming. Update phone lists October 2016. Meeting was closed with the gratitude prayer. Thank you for letting me be of service. In loving service, Vickie M.

**Literature Review:** Verbal report given. I did not make it to regionals. I will be moving soon. My position is up in May. Thanks for letting me be of service. Sandee A.

### **GROUP REPORTS:**

**Against All Odds:** Hello Ozark Area. Addict named Chad, GSR for Against All Odds in Pittsburg. We meet at 3003 N. Joplin St. in Pittsburg Sundays at 6:30 pm. Birthday night is the last Sunday of the month. On April 30<sup>th</sup> we will celebrate 9 years with Pam P., 15 years with Lynn N., 12 years with Danyell P. 1 yr. with Les N. In May, we will celebrate 29 years with Karen H., 5 years with Kristy C., and 6 years with Delphi. July 15 at Lincoln Park we will have our Annual Day in the Sun. Burgers, hotdogs, bocce ball...more will be revealed. In loving service, Chad H.

**But Do It:** Hello Ozark Area. Addict named Samantha serving as GSR for But Do It. But Do It meets every Wednesday at 6:30 pm at 414 Virginia in Joplin. Birthday night is the last Wednesday of the month. This month we have one birthday. Yvonne G. – 30 years. We have \$20 donation. In loving service, Samantha H.

**Fifth Tradition:** Fifth Tradition Group has moved to 2231 Annie Baxter at Impact Life Church building starting Monday, April 24<sup>th</sup>. We have meetings at 6:30 pm on Monday, Tuesday and Thursday nights. Monday is our largest meeting with Lafayette House treatment center joining us that night. Our business meeting is after the meeting the Monday before area meeting. Fifth Tradition celebrates clean time birthdays each month on the last Tuesday of the month. Pam Mueller, GSR, Telephone. 417-726-2426.

**Living Clean:** Mark M. gave a verbal report. He said all is well. He gave the meeting time and location. He said they have a good Saturday morning meeting. He also said that it would be nice to have some support from the other groups in the area.

**Miracles:** Hello Area: I'm Meri, an addict representing the Miracles Group of NA. We meet every Friday from 6:30 to 7:30 pm at 2231 Annie Baxter aka Impact Life Church. Our meetings are nonsmoking and non vaping and we average from 30 to 70 addicts per meeting. Attendance is steady and our home group membership is growing. Our business meeting is the Friday prior to Area and we celebrate birthdays on the last Friday of the month. We have no birthdays this month, but we do have a \$19 donation. Thanks for allowing me to serve. Meri S.

**Point of Turning:** Hello Ozark Area. My name is Kayla. I'm an addict serving as GSR for Point of Turning in El Dorado Springs. We are located downtown in the bottom of the park building on the corner of Spring and Main St. Meetings are on Mon, Tues and Fri at 7 pm Wed at 8:30 pm, Thur. at 8 pm, and Sun at 5 pm. We average 6 to 10 addicts in attendance per meeting; message being carried. This month, Althea W. is celebrating 32 years clean and Michele M. with 1 year clean! April 29<sup>th</sup> is our 5<sup>th</sup> Annual Spring Fling. Food, fellowship, fun. Doors open at 4! We have Spring Fling t-shirts for \$15, see Lee W. if you'd like to get one. We have a \$10 donation. Thanks for letting me be of service! Kayla W. (417) 296-6371, [kaylancarpenter2002@gmail.com](mailto:kaylancarpenter2002@gmail.com)

***Progress Not Perfection:*** We meet every Thursday. Our group has averaged about 5 people. We owe people key tags which we don't have at this time; orange, yellow, green. Spent \$4 on supplies in March. Last meeting, only 2 people showed up. Group still needs support. We don't have an area donation at this time. Thank you, Anita P., Alternate GSR.

***Spiritual Principles:*** Hello Ozark Area. My name is Dakota P. serving as GSR for the Spiritual Principles group. We hold meetings every Sunday at 9:30 am to 10:30 am. We are located at the Alano Club in the center nonsmoking room. We have a donation of \$40. Thank you for allowing me to be of service.

***Stray Katz:*** Hello Area. My name is Ameer. I am an addict serving as GSR for Stray Katz. We hold our meetings every Saturday at 6 pm. We are located at 24730 State Hwy 171 in Webb City, MO in the House Inc. VA building. We open and close our meetings in the traditional NA way. We have approximately 50-60 addicts attending our meeting with 20 core members joined in the last 60 days. There are no birthdays this month, and we are truly strong in our recovery! Thank you for allowing me to be serve. In loving service, Ameer A.

***Survivors:*** I'm Angel H., serving as GSR for Survivors. Survivors meets every Tues., Thurs. and Sat. at noon. We average between 10-30 addicts. We are located at 23<sup>rd</sup> and Annie Baxter. We have a \$20 donation. In loving service, Angel H.

***Together We Can:*** Hello Ozark Area. I'm Jimmie. I am an addict serving as GSR of Together We Can group in Nevada, MO at 301 E. Highland. We meet three times a week on Tuesday, Thursday and Saturday from 7pm to 8pm. Our attendance have been strong with 10 to 18 addicts per meeting. We have our 1 year anniversary on May 6<sup>th</sup> from 5pm to 10 pm. We are going to have two speakers: Terry N. with 18 months and Vickie M. with 14 years. We have t-shirts for sale for \$15 and at this time, we don't have a donation. Thanks for letting me serve. Jimmie W.

***We Do Recover:*** Hello Ozark area, my name is Stan N., serving as GSR for We Do Recover at 13th and Wall. We meet Monday through Saturday at noon, every day at 8pm and Fridays and Saturdays at midnight. We have our speaker meeting on the 2nd Friday of the month and our birthday celebration on the last Friday of the month. We hold our monthly business meeting on the 2nd Sunday of every month at 6pm. Pete I. will be speaking at our Next Speaker meeting on May 12th. Our next function will be Goofy Game Night on May 20th with Luke L. speaking. We have Crystal C. celebrating 5 years and Pam M with 32 years. On average we have 25 to 50 people in attendance at our meetings. We have no donation at this time. In Loving Service Stan N.

### **SHARING SESSION**

Pam M. said Fifth Tradition was meeting tomorrow for a possible new meeting location but for now, their meetings would be held at Impact Life Church (2231 Annie Baxter). She said that she also had Ozark Area t-shirts for sale at \$15 each and that their home group had literature for sale.

Shelly W. said one of the things brought to her attention for discussion was the PR Subcommittee wanting to have t-shirts. Some of the points raised: PROS: They would be worn at presentations – to be easily identified, to be worn at the regional meeting, to be a part of, to raise funds, make shirts available by pre-order so that it wouldn't come out of their budget. CONS: The subcommittee could use Area shirts, our Area is struggling and most of our money comes from High On Life Picnic – a lot of times we don't receive \$100 in donations from our Area business meeting, we don't need a shirt to carry a clear message, how would a t-shirt benefit our area, we should prioritize – which is to get the literature racks filled.

Shelly W. said another concern was GSRs leaving before Area business is done. If too many leave, we cannot have a quorum. Business takes place after the sharing session. GSRs, please don't leave! The Area bonfire will be following the We Do Recover speaker meeting on the second Friday of every Month. It didn't occur last month because the owner was not there. The flyer is attached in the minutes.

Pam M. asked Kim S. if the AASC would reconsider holding their meetings back on Area Sunday in their usual time slot. Kim S. said one problem would be that the subcommittee meeting usually lasts longer than one hour, but that she would discuss it at the subcommittee meeting and report back to Area and that any addict is welcome to join us. The meeting date and time is always included in the minutes.

Amee A. from Stray Katz read a statement regarding Stray Katz's decision to decline to host Area: We offered to host this Area meeting at our home base, and due to an issue with individuals not allowed on property, we were asked to move back to the We Do facility, which was not a core group decision. When we offered to host at the House Inc at the last Area meeting, no objections were made. No objections were made until 2 weeks before today. We kindly declined to host at that time. At no time did Stray Katz ban or turn away any addict away from this area meeting. As a group, we feel several of our traditions were compromised or broken. Tradition 1: NA Unity in Area; Tradition 2: Trusted servants do not govern. We feel one individual governed this whole controversy and decision. Traditions 10-12: Controversy is an understatement (press, radio and films). This whole ordeal was put out on social media, Facebook, etc. I had private messages from other addicts in NA letting me know bits and pieces of the problem at hand instead of notifying me or another member of Stray Katz directly. One individual that did contact me, asked if I would consider moving the meeting and I made a decision before talking to my core group members. I held a meeting. Everyone present voiced their opinions and discontentment. We respectfully declined hosting. Also, placing one person's personality over all our principles! A precedence needs to be brought to the floor in new business today.

Comments regarding Stray Katz hosting / declining to host were:

- Which tradition(s) are we trying to uphold versus the traditions we are ignoring
- The Basic Text says – Everything done in service must be motivated by the desire to carry the message and our message says that any addict – with the key word being “any”. The message would not be available to ‘any’ addict if they are banned from a property where an NA meeting is being held.
- We should not have to change our hosting schedule because one addict was banned, but the chair said it was more than one addict and had she not been able to attend a meeting when she first came into the rooms, she would have left NA.
- If there is a meeting place where any addict cannot attend, there should not be a NA meeting held at that location.
- Anyone from House Inc. is welcome to attend any meeting/area meeting but it is not the responsibility of the Area regarding the manner in which they get there.
- Maybe the director would lift the ban so that Stray Katz can host.
- Social media is not the place to discuss Area business.
- The integrity of Stray Katz was never in question. There was no doubt about their desire to host.

Stray Katz introduced a motion: ***Any outside business that does not affect NA as a whole should not affect an NA group from hosting at their home place or home group facility to ensure no traditions or concepts are violated. Any decision to move Area from its agreed hosting place should require a vote as any other motion would.***

The chair said the motion was out of order because hosting Area is not voted on. It is a voluntary, and there is no way to fulfill the 2<sup>nd</sup> half of after an Area meeting. Voting to move area is not on the table. The hosting group hosts unless there is a problem. Shelly W. made an executive decision to remove the second half of that motion with the intent that no addict should be turned away from any meeting.

***Motion voted on in house by the GSRs under new business.*** Shelly W. ended saying she was grateful for the passion, love and concern from everyone.

### **OLD BUSINESS**

- Area motion – passed
- Regional motion – passed
- A motion was made and seconded for the area to donate \$50 to Progress Not Perfection for startup. Flyers with the contact phone number was passed out.
- Crystal C. said that groups should be aware of the need to stay to make quorum.

### **NEW BUSINESS**

**Motion:** Ozark Area to donate \$50 to Progress Not Perfection for startup. ***Passed.***

**Motion:** Any outside business that does not affect NA as a whole should not affect an NA group from hosting at their home place or home group facility to ensure no traditions or concepts are violated. ***Intent:*** That no addict be turned away from any meeting. ***Voted in house by all GSRs. Passed.***

**A motion was made and seconded regarding new groups in the Ozark Area that may be struggling. The motion reads as follows:**

The requesting group must attend 3 consecutive Area Business meetings. The funds would be to start a meeting. There would be a limit of helping 3 groups per year, any funds requested after the 3 group limit must be voted on at Area for the group to receive it.

***GSRs: please take this back to your home group and be prepared to bring your group's vote in May.***

### **RESUMES:**

**Crystal C. – H&I Chair:** My name is Crystal C. and I am an addict. My clean date is 4-24-12. I have completed a full set of steps with an NA sponsor who works steps with an NA sponsor. I attend meetings regularly at my home group. I am the treasurer for my home group for over 1 year. I have been GSR for my home group for one year. I was liaison for Lafayette House but could not fulfill the position due to my own fault. I was arrested at my job for old charges. I am a sponsor and have sponsees who work steps. In loving service, Crystal C.

**Sandee A. – Literature Review Chair:** My clean date is 2-19-02. I have worked on several committees for the High on Life Picnic. I have a sponsor that works NA steps. I have several sponsees. I was literature chair in 2006. I will be honored to be Area's literature chair. In loving service, Sandee A. (417) 347-5126.

**KL Wilson – RCM-A:** Clean date: 7-14-2006. Service work: H&I liaison at City Jail, chair meetings, have a sponsor that works steps, have sponsees that work steps, have taken H&I to treatment centers, gives a clear message. Life experiences: Mentor of Impact Church.

Shelly W. informed KL W. that if no one turned in a resume for RCM, he would automatically become RCM should he be voted in.

## **NEXT OASC MEETING**

*The next OASC will be held on **May 21, 2017**, hosted by We Do Recover at 1330 Wall, Joplin, MO*

- PR – 12 Noon
- AASC – See AASC chair report on meeting time and location
- H&I – 2 pm
- Area Business – 3 pm

## **IMPORTANT LINKS**

- Ozark Area Website: [ozarkasc.com](http://ozarkasc.com)
- Show Me Region Yahoo Group: [groups.yahoo.com/ShowMeRegionNA](http://groups.yahoo.com/ShowMeRegionNA)
- NAWS (Narcotics Anonymous World Services): [na.org](http://na.org)

## **SURVEYS:**

**\*\*Your input is needed! Please complete by June 1, 2017 either online or you may get a hard copy from your GSR**

Daily Meditation Book Project Survey: <http://www.na.org/?ID=medibook>

Mental Health/Mental Illness Project Survey: <http://www.na.org/?ID=mhmi>

# April 23rd Treasurer Report

AASC current Balance: 11929.09

chk 1090	Pro Print	135.09
1122	AREA T'S	221.39
1123	HOIP Shirts	262.56
1124	Alvin Room dep.	99.00
1125	AREA B day	N/A
1126	AREA B day	N/A
	AREA Shirts (debit)	249.73
	Service charge	5.00

## deposits

4/21 160.00      4/3 205.00  
3/20 30.00

OASC current balance: 2592.07

chk 1227	Sec exp.	16.10
1228	Sec exp./gas reimb.	68.50
1229	Reg Room	141.72
1230	Reg don.	100.00
	Freedom voice (debit)	83.75
1231	H3I Speaker Jam	243.00
	Service charge	5.00

## deposits

4/3 26.00      3/20 140.00



**Show-Me Regional Motion Form**



Date: 04/08/17 Motion #: 040817 -02

Name: \_\_\_\_\_ Area or Office: \_\_\_\_\_

(The Maker shall remain anonymous in the minutes in order to keep principles before personalities)

**The motion reads as follows:**

The change the guideline  
Section IX: Yahoo Group Guidelines, i. "Information removed  
will be archived to /www.showme regional.org."  
To .  
i. Information removed will be archived to an  
external hard drive purchased and maintained  
by RSC Secretary.

**Intent:**

For RSC body to have accountability  
for archived records of the RSC.

Action: Yes \_\_\_\_\_ No \_\_\_\_\_ Abstain \_\_\_\_\_

**PASSED**

**FAILED**

**TABLED**

**AMENDED**

**Show-Me Regional Motion Form**



Date: 4/8/17 Motion #: 040817-01

Name: \_\_\_\_\_ Area or Office: \_\_\_\_\_

(The Maker shall remain anonymous in the minutes in order to keep principles before personalities)

**The motion reads as follows:**

TO ADD A LINE ITEM IN THE RSC  
OPERATING BUDGET OF \$3,000 PER YEAR  
TO AID AREAS TO ATTEND THE RSC.

**Intent:**

FOR ALL AREAS TO BE REPRESENTED  
AT THE RSC.

Action: Yes \_\_\_\_\_ No \_\_\_\_\_ Abstain \_\_\_\_\_

PASSED

FAILED

TABLED

AMENDED

P

Fifth Tradition Group  
has moved to 2331  
Annie Baxter, Joplin for  
their Mon., Tues, and Thur.  
6:30pm meetings

# OZARK AREA UNITY CAMPFIRE MEETING

**The Second Friday  
of each month**

**10:00pm**



**Address: 26710 Baseline Blvd. Asbury Mo 64832**

**Contact Number: Luke L.- (417)-317-4345 or Chad H.- (417)-952-5473**

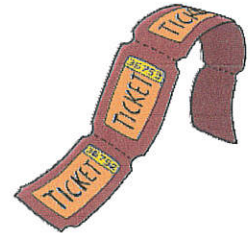
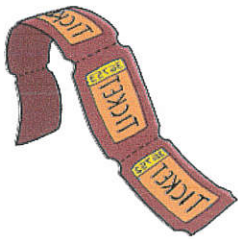
# B.Y.O.C

# Goofy Game Night



Entry only  
\$3 per person  
\$5 per couple

Entry And Goofy Food  
\$5 per person  
\$8 per couple



We Do Recover  
1330 wall, Joplin Mo

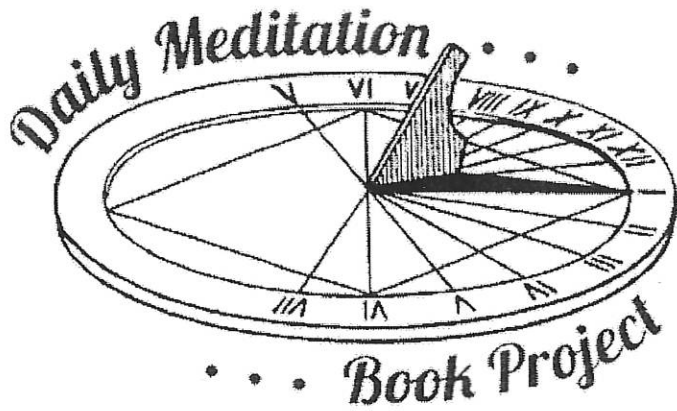
50/50  
Raffle

May 20<sup>th</sup>  
Goofy Food: 6pm  
Speaker: 8pm

Door  
Prizes

## Speaker Luke L.





## Spiritual Principle a Day Meditation Book

### Welcome to the Spiritual Principle a Day Meditation Book Survey

We included a literature survey in the 2016 Conference Agenda Report so that members could express their ideas for what are the next literature priorities in NA. In the book-length category, there were two different options for a daily meditation book—a daily meditation book featuring a spiritual principle a day and a daily meditation book based on Living Clean. Both options were highly rated on the survey and we are collecting input from the Fellowship to help develop the focus of the book so that we can frame a project plan for consideration at the 2018 World Service Conference.

#### Deadlines

Please complete your input by 1 June 2017

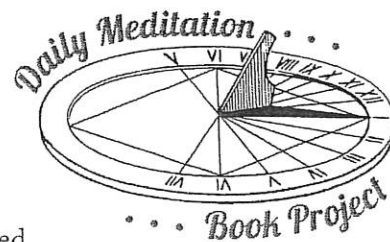
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## Spiritual Principle a Day Meditation Book



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### ***Focus Options***

1. Please select one of the following possible proposed focuses for this book:
  - a. A daily meditation book featuring a spiritual principle a day
  - b. A daily meditation book focused on *Living Clean*
  - c. A combination of a and b
  - d. Your idea:

When thinking about a spiritual principle a day meditation book, some members have suggested that finding 365 distinct spiritual principles may be challenging. There are a couple of ways to address this challenge. The book could repeat some spiritual principles on different days, or the book could include more than the terms that are easily labeled spiritual principles—things like values or NA's good ideas.

2. Would you be open to either of these approaches?      Yes      No  
Please share any thoughts you have on the scope.

### ***Format Options***

We would also like to get your ideas about the format and style of the book.

3. Would you like the book to be similar in style/format to *Just for Today* (quotation, elaboration, reflection)?  
Yes      No      If no, please give us your ideas
4. Would you like something designed to guide or inspire meditation?      Yes      No  
If so, how do you see that being incorporated?
5. Would you like something more like a workbook that you can interact with?      Yes      No
6. Would you prefer a different style of book than the ideas described here?      Yes      No  
If so, please explain what format you envision.

### ***Content questions***

7. What are three spiritual principles that you wished NA literature addressed more?
8. What has most helped your understanding of these principles?
9. How is the NA understanding of this the same or different than the dictionary definitions?
10. Is there a topic touched on in *Living Clean* that you've wished were covered more thoroughly?      Yes      No  
If so, what else would you like to read about this topic?

### ***Questions to generate source material for the book***

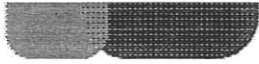
11. Write about a spiritual principle that seems to have benefitted you the most in your recovery journey.  
Please note whether NA literature helped you and what was the piece of literature.
12. Write about a spiritual principle that you were challenged to incorporate into your life. What's been most helpful to you as you attempt to embrace that principle?
13. Write about a passage from *Living Clean* that has been useful, inspirational, or had some sort of impact.

### ***Who are you?***

I am from \_\_\_\_\_ region. This input comes from an individual/group/area/region. Circle one.

### ***Deadlines***

Please send your input by 1 June, 2017. You can fill out these questions online at [www.na.org/meditationbook](http://www.na.org/meditationbook), email your written input or photo of your input to [worldboard@na.org](mailto:worldboard@na.org), or mail input to NA World Services, 19737 Nordhoff Place, Chatsworth, CA 91311.



## Mental Health/Mental Illness IP Project

### Input for Mental Health/Mental Illness IP Project

The 2016 Conference Agenda Report included a survey to determine priorities for recovery literature. The topic that most regions prioritized for the next information pamphlet or booklet was “Mental Health.” That same Conference passed a motion, **“That the NA World Board develop a project plan which includes a budget and timeline to create an informational pamphlet specifically about mental illness and recovery for consideration at the 2018 World Service Conference.”**

The Conference agreed to prioritize the topic mental health/mental illness and collect input from the Fellowship over the course of this cycle about the focus and content of the piece. Your input will help shape a project plan which will be included in the 2018 Conference Approval Track material and voted on at WSC 2018.

Much like *By Young Addicts, for Young Addicts*, this would be a piece of “targeted literature,” geared specifically for recovering NA members who have a mental illness in addition to addiction. It can be difficult for some members who are not part of the population targeted by a piece of literature to give input. You don’t have to answer all of the questions below. We welcome any input you have.

This piece would be a pamphlet and so it must be short and focused. The average length of an IP is only about 1,000 words. A booklet would be able to contain more text, but booklets are less widely distributed. An IP would be much more accessible.

Please fill out this survey 1 June 2017

Next



# Mental Health/ Mental Illness IP Project



The 2016 *Conference Agenda Report* included a survey to determine priorities for recovery literature. The topic that most regions prioritized for the next information pamphlet or booklet was “Mental Health.” That same Conference passed a motion, **“That the NA World Board develop a project plan which includes a budget and timeline to create an informational pamphlet specifically about mental illness and recovery for consideration at the 2018 World Service Conference.”**

The Conference agreed to prioritize the topic mental health/mental illness and collect input from the Fellowship over the course of this cycle about the focus and content of the piece. Your input will help shape a project plan which will be included in the 2018 Conference Approval Track material and voted on at WSC 2018.

Much like *By Young Addicts, for Young Addicts*, this would be a piece of “targeted literature,” geared specifically for recovering NA members who have a mental illness in addition to addiction. It can be difficult for some members who are not part of the population targeted by a piece of literature to give input. You don’t have to answer all of the questions below. We welcome any input you have.

This piece would be a pamphlet and so it must be short and focused. The average length of an IP is only about 1,000 words. A booklet would be able to contain more text, but booklets are less widely distributed. An IP would be much more accessible.

1. What are the two or three most important ideas you’d like conveyed to the readers of this pamphlet?

One of the issues that was discussed at the Conference was the terminology differences: the motion passed by the Conference refers to *mental illness*, while the survey option refers to *mental health*. Some organizations outside NA use terms like *dually diagnosed* or *co-occurring disorders*. We would like the IP to be as clear as possible—the focus of the pamphlet will be recovery for those who are diagnosed with a mental illness in addition to addiction. But at the same time, we would like to focus on recovery, not illness per se. As *In Times of Illness* reminds us, “We leave medical issues up to doctors. As NA members, our primary purpose is to carry the message of recovery to the addict who still suffers, not to give medical advice.”

2. Do you have thoughts about terminology? What kind of language can we use that is both clear and inclusive?

Our booklet, *In Times of Illness (ITOI)*, has a section titled “Mental Health Issues” that includes members’ experiences. Here is a link to that booklet: [www.na.org/itoi](http://www.na.org/itoi)

3. Should the proposed mental health/mental illness IP include some of the same content in *ITOI*, and if so what? Are there ideas or topics you would like to see added or expanded upon?

The paragraphs below were taken from the "Mental Health Issues" section of *In Times of Illness*. We have some questions stemming from these passages that will help us to gather experience and ideas for the pamphlet

*In NA, our identification as addicts is what we have in common. This allows us to focus on our similarities instead of our differences. It is possible to find freedom from active addiction in NA and to be taking medication prescribed by an informed healthcare professional for a mental illness.*

4. How do we apply the principle of powerlessness when we are facing a mental illness diagnosis?
5. What stages of acceptance do we walk through and which NA Step(s) or principles can be especially helpful when dealing with mental illness?

*Effective leadership is highly valued in NA, and being of service is a principled action. We may want to inventory our decisions and motives with service. We talk to our sponsor and NA friends; they can help us avoid self-deception. Some members have found that they were fully capable of fulfilling their service commitments while taking medication to treat an illness or injury, while others have made the choice to step down. We will want to consider what is best for both the fellowship and ourselves.*

6. Questions often arise about serving NA while on medication. Do you have thoughts about what an IP focused on mental health/mental illness might say about the topic?

*Our collective attitude should be one of loving acceptance toward all addicts, regardless of any other problems they may experience. Whether we are the newcomer or have years clean in NA, anonymity means that we all have an equal opportunity to recover.*

7. What can we do about members who are afraid of or judgmental about our illness?
8. How can we support members with mental illness?

**Optional Question:** In our effort to better help focus this pamphlet, we are asking whether you have direct experience with a mental health diagnosis and/or receiving medication for Mental Health. We welcome your input whether you choose to respond to this question or not.

9. I am an NA member who has or has previously had a mental health diagnosis. Yes No
10. I am an NA member who is currently or has previously taken medication for mental health. Yes No

**Who are you?**

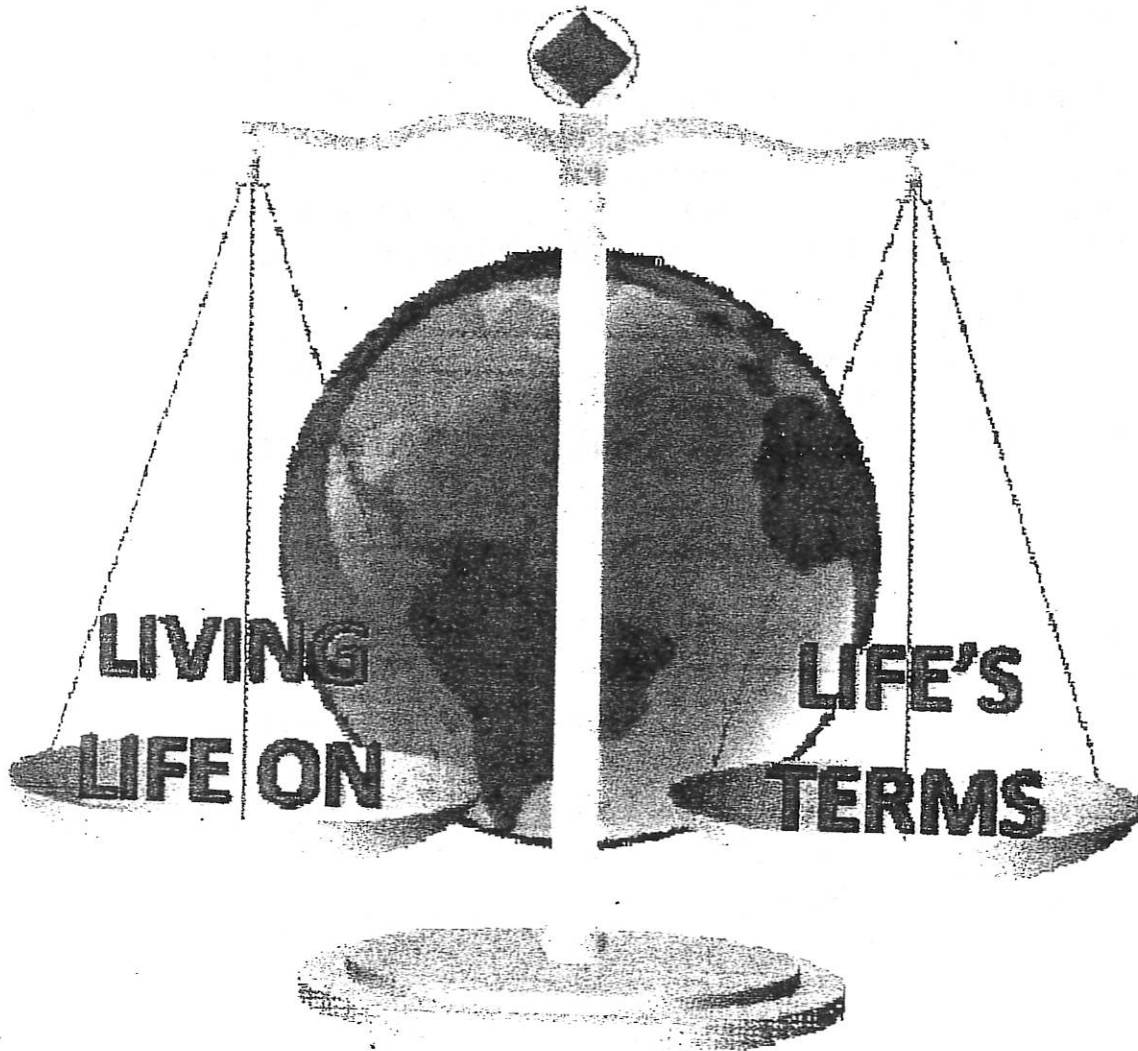
I am from \_\_\_\_\_ region.

This input comes from an individual/group/area/region. Circle one.

**Deadline**

Please send your input by 1 June, 2017. You can fill out these questions online at [www.na.org/mhmi](http://www.na.org/mhmi), email your written input or photo of your input to [worldboard@na.org](mailto:worldboard@na.org), or mail input to NA World Services, 19737 Nordhoff Place, Chatsworth, CA 91311.

# CLEAN



**WE FACE THE WORLD TOGETHER**

Basic Text Page 53 "What Can I Do?"

**19<sup>th</sup> ANNUAL RECOVERY FEST**

June 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> 2017

**"FREEBIRDS GROUP"**

Independence, Kansas

**PRE-REGISTER AND SAVE**

**JUNE 2<sup>nd</sup> , 3<sup>rd</sup> , 4<sup>th</sup> , 2017**

**ELK CITY STATE PARK - INDEPENDENCE, KS**

**TELL THE GATEKEEPER AT THE PARK YOU ARE WITH NA  
THE RECOVERY FEST IS AT THE ELK CITY STATE PARK ABOUT A MILE  
WEST OF INDEPENDENCE ON HWY 160. WATCH FOR THE SIGNS.**

**ALL CAMPING FEES AND VEHICLE USE FEES ARE INCLUDED IN THE  
REGISTRATION. FREE FISHING DURING RECOVERY FEST WEEK END  
NO LICENSE REQUIRED. LOOKING FORWARD TO SEEING EVERYONE.**

**PRE-REGISTRATION BY MAY 15, 2017.....\$15.00 EACH  
REGISTRATION AT THE CAMPGROUND.....\$20.00 EACH**

**KIDS ARE FREE OF COURSE**

**BRING A NEWCOMER, NO ADDICT TURNED AWAY**

NAME \_\_\_\_\_

NAME \_\_\_\_\_

**QUANTITY                  TOTAL**

Pre-Registrations By May 15, 2017 @ \$15.00                  X \_\_\_\_\_ = \_\_\_\_\_

**NEWCOMER DONATION.....** \_\_\_\_\_

**Grand Total** \_\_\_\_\_

- \*WORKSHOPS \*SPEAKERS \*FREE BBQ \*DANCE**
- \*CAMPFIRE MEETINGS \*ACTIVITIES FOR THE KIDS**
- \*\*\*FREE PANCAKE FEED SATURDAY MORNING\*\*\***

*Just for today I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.*

**MAKE CHECKS PAYABLE TO: RECOVERY FEST  
MAIL TO: RECOVERY FEST P.O. BOX 62 INDEPENDENCE, KS 67301  
CONTACTS: FLO (620)515-1263 DAVE (620)330-2975 Pat (417)439-8502**



UNITY CAMPVENTION 2017

SEPTEMBER 15-17

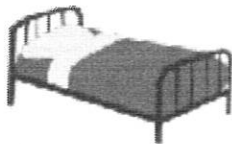
LAKE OF THE OZARKS STATE PARK

CAMP RISING SUN, KAISER MO 65047

FULL REGISTRATION (ONLINE ONLY) -\$50.00

<http://tinyurl.com/campvention> (Between Apr 10th & Aug 31st)

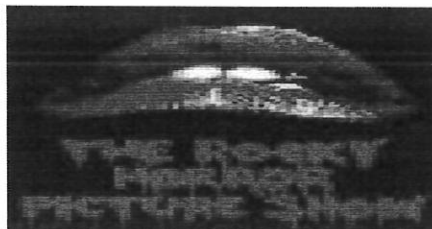
Bunk for Friday and Saturday night    Food/Beverage    Admission to all activities



One Day Passes available onsite \$10.00

Multiple Day Passes \$15.00

Midnight Friday Showing of ROCKY HORROR PICTURE SHOW



## Directions to Camp Rising Sun

Once you are at the lake take Hwy-54 to Hwy-42 go east for about 4 miles. Turn onto Hwy-134 at The Lake Of The Ozarks State Park entrance, continue on Hwy-135 about 1 mile, turn right onto Whispering Oak Rd (just past small log cabin information booth) continue on Whispering Oaks Rd for about 3 miles. Turn left into Camp Rising Sun then you're there! Remember watch for the NA symbol signs that may help!

## IMPORTANT REMINDERS

- Friday night talent show! Remember to bring your instruments or whatever you need for your talent!!
- All cabins have attached showers and restrooms! Bring your own towels!
- Bring your own pillow & bedding
- There is NO tent camping or merchandising.
- NO PETS OR WEAPONS!
- Swimming is not a CampVention activity! There are no life guards on duty so swimming is at your own risk!

## CampVention Contacts

- Jerry F – CampVention Chair (573)356-5152
- Andrew W – Registration Chair (573)239-6846
- [campvention2016@gmail.com](mailto:campvention2016@gmail.com)