

# Sharing the Message



JULY/AUGUST 2020

The Ozark Area Newsletter

www.ozarkasc.com

24 Hour Helpline 1-888-359-3339

Vol. 4

**5th Tradition, A New Way, Against All Odds, But Do It, Day By Day,  
Knights Of Recovery, Living Clean, Native American, Onward, Spiritual Principles,  
Straightline, Stray Katz, Survivors, Traditional Recovery, Under Grace, We Do Recover**

## HELLO!

Hello, and welcome to the 4th installment of the Ozark's Area Newsletter for 2020! Things are certainly changing everyday! We hope you enjoy this issue and please send us your stories of experience, strength & hope, poems, cartoons, or anything else you have and want to share.

> Please email submissions to:  
**OZARKAREA@GMAIL.COM**

THIS ISSUE'S THEME:  
**FELLOWSHIP**

"THE LOVING SUPPORT OF  
OUR NA FAMILY."

JUST FOR TODAY

## UPCOMING EVENTS

**JULY 18TH  
WE DO RECOVER  
BIRTHDAY BASH**

**We Do Recover  
1330 Wall Joplin, MO**

**YOUR EVENT HERE!**

EMAIL US:  
**OZARKAREA@GMAIL.COM**

**CLEAN TIME  
ANNIVERSARIES!**

PLEASE EMAIL US  
YOUR CLEAN TIME  
ANNIVERSARIES TO:  
**OZARKAREA@GMAIL.COM**

so we can celebrate with you!

## OUR MESSAGE

**"An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. You are welcome here."**

Basic Text - Page XIX

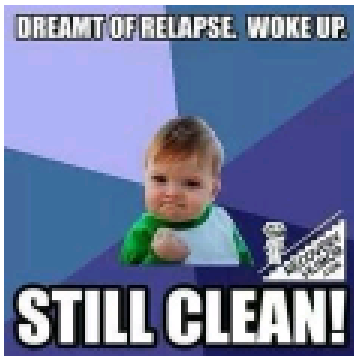
**OZARK AREA WEBSITE: OZARKASC.COM**  
**OZARK AREA HELPLINE: 1-888-359-3339**



## **FELLOWSHIP**



Fellowship is so important. Whether conflict or not we have been given the opportunity to have ppl just like one another. The connection is indescribable. Love is the thing that is there when ppl like me fall back thru the door beat to hell, the fellowship patches up my wounds n I would die without it n all my family there.  
- Anita P.



The most secure feeling a person could have is when u are a part of, with a genuine care for another's well being.  
- Shane N.

Fellowship takes many forms but true fellowship starts in our hearts.  
- Gordon G.

The fellowship is the glue that holds me together when I need it most. The therapeutic value of one addict helping another is without parallel. I've seen this ring true for me over and over. From identifying our own "crazy " with each other, to helping each-other walk through the pain of some heartache, the excitement of going to functions together, to sharing the joy of accomplishing goals in our own recovery. The fellowship is the true definition of a "family." It takes each of us to be pieced together, to hold on, in the puzzle of life on life's terms. Truly grateful.  
- Justin P.

# **"Keep Coming Back"**

# OZARK AREA NEWSLETTER

## FELLOWSHIP

To me the fellowship are the people that I go to meetings with, who support me, I hang out with, I listen too, I talk too, I work through issues with, that are not my sponsor but just love me for who I am! The fellowship = network

- Shelly W.



It is a necessity to the program and our individual recovery. Though we may not always be in the rooms we need always be in communication with fellow addicts in order to continue to keep feeding our recovery for positive change. Fellowshiping with a fellow addict vs an old using buddy is more beneficial than we can ever know!

- Brian R.

I don't know what I would do or where I would be without the love and the fellowship of my home group, my sponsor and the program of Narcotics Anonymous.

- A Grateful addict



The heart of N.A. beats when two addicts share the recovery with one another. For me the Fellowship is about love. The Fellowship loved me when I couldn't love myself. Through the spiritual principles I have learned living the program of Narcotics Anonymous I'm learning how to love others and to love them exactly where they're at. The Fellowship helps me stay clean, pain shared is pain lessened and joy shared is joy multiplied. I feel at home when I walk into a meeting of Narcotics Anonymous. I am welcome just as I am.

- Sarah P.

"Today, secure in the love of the fellowship, we can finally look another human being in the eye and be grateful for who we are."

- Basic Text, p. 92

# OZARK AREA OF NARCOTICS ANONYMOUS NEWSLETTER

WEBSITE: [WWW.OZARKASC.COM](http://WWW.OZARKASC.COM)

## FELLOWSHIP

If it wasn't for like minded people showing how they are being productive members of society, no telling where I'd be in life! That's not counting the friends and family I have gained! Best way to get out of a slump is show up early and stay late after a meeting ...better yet, how about go bowling or for ice cream? Gotta love people right where they are just like they did me!

- Michael B.



I believe The fellowship of N.A. is driven by the Spiritual Principle of Empathy and it allows us to give and receive our Experience Strength and Hope.

- Arthur

Fellowship is an antidote to isolation.

- Mike W.



There is a Power In Fellowship that gives me the security to Breathe..and To Say Never Alone Never Again....Narcotics Anonymous Baby.

- Brother Montell

**BE A PART OF YOUR OZARK AREA NEWSLETTER!**

Send us **STORIES, CARTOONS, ARTWORK & MORE!**

Email your submissions to: [OZARKAREA@GMAIL.COM](mailto:OZARKAREA@GMAIL.COM)

**THANK YOU FROM YOUR OZARK AREA PR COMMITTEE!**

# **OZARK AREA NEWSLETTER**

## **"FELLOWSHIP IS LOVE"**

### **SOMETHING DIFFERENT**

If Narcotics Anonymous was a sport we'd all be fans, gathering on race or gameday to cheer on the team. If Narcotics Anonymous was a job, we'd punch the clock, do the time, and go on about our lives. If it was a political action committee we'd pitch in our two cents and hope for the best. But NA isn't about any thing, it's about people. Not our interests, but our fellows. As far as social organizations go we're odd; the pet project we rally our efforts around is ourselves, not some project like the Village Green Preservation Society or a dear to our heart fund like The Great Siberian Itch Foundation. NA is more like Save the Whales ... the whales being us.

The goofiest thing is our ultimate goal is to make our fellowship obsolete!

Are we making progress getting the suffering addict  
put on the Endangered Species list?

Doug B.

## **HEY DID YOU KNOW?**

**ALL OF OUR N.A. GROUP READINGS,  
6TH EDITION BASIC TEXT,  
NA STEP WORKING GUIDE  
AND MUCH MORE CAN BE FOUND  
ON OUR OZARKS AREA WEBSITE:  
[WWW.OZARKASC.COM](http://WWW.OZARKASC.COM)**

**OZARK AREA WEBSITE: [OZARKASC.COM](http://OZARKASC.COM)  
OZARK AREA HELPLINE: 1-888-359-3339**

# OZARK AREA NEWSLETTER

## "RECOVERY HUMOR"



**IF ADDICTION WERE  
A MACHINE!**

(Thanks Gordon G.)

THANKS TO RECOVERYHUMOR.COM

**My friends asked me to go to the bar  
with them next weekend so I made a list  
of things I will need to prevent a relapse**



**1. New friends**



**The look I give my TV**



**when I hear some Malibu  
punk say he got a cure  
for addiction.**





# Before and After

It helps to bake our brains better to show up early here;

Get the crazy ramping up, cycle up our gear.

Passing news from lips to ear, "Tell me! Did you hear?"

Friendship and this fellowship blunt the edge of fear.

We call it "the meeting before the meeting,"

Ten minutes or more before the greeting

Of newcomers, old-timers, those in-between:

Those rock-solid and those still green.

We'll say how our day is, check-in one-on-one,

Maybe just joke, have a bit of fun.

Then, after the meeting, we do it again,

Sharing and caring amongst our clean friends.



© Christopher D.





# "FELLOWSHIP"



Through my recovery the fellowship has been very vital.  
From bowling on the weekends to campouts and food.  
They not only are there for the fun times they have loved  
me no matter how hard it was to love myself. They have  
loved me through relapse and welcomed me back with that  
warm hug after I escaped a world that was so cold. I love  
the fellowship of na. Through the fellowship I have a non  
blood family that keeps me coming back.

Brandy K. 6-23-20

Thanks to everyone that submitted to this issue of the Ozark Area Newsletter!  
Ozark Area PR Committee

